PUBLIC PROGRAMS

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

UPCOMING EVENTS

- Sept 11-13 Water Polo Invitational
- Oct 3 Kamiak High School Swimming Invitational
- Oct 30 Annual Haunted Pool, Community Activity Swims
- Nov 6-8 Wash. State Boys High School Water Polo Champs
- Nov 12-14Washiington state Girls Swim/Dive Champs
- Nov 15 Pacific Northwest Swimming "Q" Meet
- Dec 3-6 USA Swimming Short Course National Champs
- Dec 11-13 Pacific Northwest Swimming AG Championship
- Dec 17-20 Pacific Northwest Swimming SR Championship



Weyerhaeuser King County Aquatic Center

650 SW Campus Drive, Federal Way, Washington 98023-8425 Seattle (206) 296-4444 Tacoma (253) 927-5173 Visit our website at .kingcounty.gov/parks

Weyerhaeuser King County Aquatic Center

650 SW Campus Drive Federal Way, WA 98023-8425 Weyerhaeuser King County Aquatic Center



Fall Schedule Sept 8 - Dec. 31, 2009 Seattle (206) 296-4444 Tacoma (253) 927-5173

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Recreation Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am -9:00	Maintenance	Adult/Senior Swim	Maintenance	Adult/Senior Swim	Maintenance	Special Events	Special Events and Activities
9:00- 10:00	Low Impact Exercise	Maintenance	Low Impact Exercise	Maintenance	Low Impact Exercise	and Activities	
10:00- 11:30	Lessons	Lessons	Lessons	Lessons	Maintenance	11:30-1:30	11:30-1:30
11:30- 12:30	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim **	Public Swim	Public Swim
12:30- 1:30	Adult/Senior Lap Swim	1:30-Rentals	1:30-Rentals				
4:30- 7:30	Lessons	Lessons	Lessons	Lessons	4:00-7:00 Rentals		
7:30- 8:30	Public Swim *						

^{*} Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times

SWIMMING LESSONS

Morning Sessions (1/2hr, 10:00-11:30am, MW's or TTh's)

Evening Session (1/2 hr, 4:30-7:30pm (MW's, TTh's)

Monday & Wednesdays

Tuesday & Thursday

Sept 9 - Oct 7 (9 lessons class starts on Wednesday)
Oct 14 - Nov 11 (9 lessons, no class Oct 12)
Sept 10 - Oct 8 (9 lessons class starts on Thursday)
Oct 13 - Nov 12 (9 lessons, no class Nov 12)

Nov 16 - Dec 16 (7 lessons, no class 11/25, 11/30, 12/2) Nov 17 - Dec 17 (7/6 lessons, no class 11/26, 12/1, 12/3, & 12/17)

CANCELED SWIMS

Aug 15-Sep 7, Oct 12 King County Furlough Closure, Oct 30 7:30-8:30pm (for Haunted Pool Event), Nov 12-14, Nov 25-29, Dec 24-27, 31 2pm-on, Jan 1 all day

TELEPHONE RELAY SERVICE: 711









^{**} During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

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Competition Pool

Hours	Monday	Tuesday	Wednesday	Thursday	Friday
5:30am- 8:00	Lap Swim*				
11:30- 1:30	Lap Swim*				
4:00- 6:30	Team Training				
6:30- 8:00	Team Training				
8:00- 10:00	Team Training				

^{*} To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The competition pool is currently set at 25 yards and ranges in depth from 9 to 10.5 feet. It is intended for lap swimming only. The staring blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

Canceled Swims:		Events:		
Sept 11-13	11:30-1:30	Water Polo Invitational		
Oct 3	11:30-1:30	Kamiak High School Swimming Invitational		
Oct 12	all day	King County Furlough Closure		
Nov 6-8	all day	Boy's State High School Water Polo Champs		
Nov 11-14	all day	WIAA/Dairy Farmers Girls, State HS Swim/Dive Champs		
Nov 15	11:30-1:30	Pacific Northwest Swimming "Q" Meet		
Nov 25-29	all day	Thanksgiving Holiday		
Dec 3-6	all day	USA Swimming Short Course National Champs		
Dec 11-13	all day	Pacific NW Swimming AG Championship		
Dec 17-20	all day	Pacific NW Swimming SR Championship		
Dec 24-27	all day	Christmas Holiday		
Dec 31	2pm on	New's Year Eve		
Jan 1	all day	New's Year Day		



2009 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

Recreation Pool:		Competition Po	ool:	
Rec Pool Family Swim**		Comp Pool Lap S	wim	\$5.00
All participants	\$3.25	Sr Citizen (62+) \$	People w/Disabilities	\$3.50
Public Swim**			-	
Children, Adults & Sr Citizens	\$3.25			
People w/Disabilities	\$2.50			
Rec Pool Adult & Senior Lap Swim				
Adult	\$5.00	Low Impact W	ater Exercise (Rec Pool)	
Sr Citizen (62+) & Disabled	\$3.50	Adult	\$6.25 - 10-visit Card	\$61.50
Shower	\$3.25	Sr Citizen (62+)	\$4.75 - 10-visit Card	\$42.00

RENTALS

Great for birthday parties, p	rivate groups and l	ousiness meetings. Scheduled during non-	-program hours.
Rec Pool, 1-25 people	\$105.00/hour	Party Room Rental	\$37.00/hour
Rec Pool, 26-60 people	\$135.00/hour	Lobby Rental	\$89.00/hour + staffing & deposits

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

Type	3 Months	1 Year
Youth (1 year-17 years)	\$107.50+tax	\$312.00+tax
Adult	\$156.75+tax	\$456.00+tax
Family	\$275.00+tax	\$650.00+tax
Senior Citizen(62+)	\$107.50+tax	\$273.00+tax
Disabled	\$100.00+tax	\$260.00+tax

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE: 711









Each child younger than 6 yrs old must each be accompanied in the water by an adult
 All children must be accompanied in the water by an adult during Family Swims (one adult per three children)